

# September 2024– June 2025 Schedule 503-665-5155 Visit Facebook at Stites Performing Arts Center

### Our location

11240 SE Division
One driveway East of gas
station & behind
a small green house.

## **CREATIVE MOVEMENT**

# STUDIES IN MOVEMENT & KIDS BOP

 $4^{th}$  -  $6^{th}$  gr SIM & Intro to Ballet (level 1&2) Tues 5:20-6:10  $5^{th}$  -  $7^{th}$  gr Kids Bop, Pre Ballet II/Ballet I Thurs 4:30-5:45

#### **BALLET**

Ballet students are **highly encouraged** to take classes **below their level** in addition to their regular classes.

Intro to Ballet (level 1&2 (Bk to bk with SIM) Tues 5:20-6:10

Pre Ballet II /Ballet 1 (bk to bk with Kids Bop) Thurs 4:30-5:45

Ballet II B / III A&B (Pirates' Ballet class Bk to Bk with Tap/Jazz) Thurs 5:35 to 7:30 for both classes Bk to Bk,followed by Pt class till 8:00

Ballet II B / III A&B/ Int  $8^{th}$  - Young Adult \*Tues 6:15-7:15 Class content to include Dunham Technique

Point/Pre Pointe 7:15-7:45

Ballet Int/Adv 11<sup>th</sup> gr -Young Adults dir per \*Thurs 7:30-8:30 Instructor choice of training genre (schedule at print time is fluid) 8:30-9:00

We will offer a few **Ballet Workshops** during the year, especially Summer, to accommodate dancers in pointe training.

\*Tues and Thurs \*class dancers requires dir. perm. & must attend other Ballet classes & Contemporary. Expectations: to extensively cross train, have good attendance, punctuality in all classes & professional attitude, dress code.

## JAZZ & HIP HOP & CONTEMPORARY CLASSES

 $8^{h}$ -  $11^{th}$  gr (w//ballet exp./dir. perm) Tap/Jazz etc\*. Thurs 5:35-7:30 (This time frame includes Ballet back to back with this Jazz/Tap)

Contemporary & Hip Hop 8<sup>th</sup> – 12<sup>th</sup> Wed 6:15-7:05 (Dir perm & enrollment in Tues/Thurs ballet or Instructor request)

Contemporary, Hip Hop *Young Adults* (w/exp) Wed 7:05-8:00

Jazz \* (Dir permission) Int &Adv 11<sup>th</sup> gr & up Thurs 8:30-9:15

\*This Jazz class requires participation in Tap, Ballet, and Wed Contemporary. Also needed are basic gym skills used in jazz...rolls, handstands, cartwheels & walkovers. Class Content will vary. Ask director for additional explanation.

Please call for **pre-requisites** in some classes

# Classes begin September 23<sup>rd</sup>

New students welcome to join throughout the season Please call with questions 503-665-5155

# **TAP**

Tap is included in Creative Movement, Studies in Movement and Kids Bop

### **GYMNASTICS**

Acrobatics, Gymnastics, Tumbling, Partnering & Circus Skills
Gym skills are included in Creative Movement, Studies in Movement, Kids Bop

 $3^{rd}$  grade & up ( $2^{nd}$  w/perm) Beginning open level Mon 5:15 - 5:55  $6^{th}$  -12<sup>th</sup> grade (w/exp & skill requirements) Mon 6:00 - 6:45 Intermediate (w/ dir perm & exp) Mon 6:00 - 6:55

#### **SPECIALTY CLASSES**

Middle Eastern \*\* Open Beg (off site) Call us! Tues 6:00 Middle Eastern \*\* Int /Adv (off site) Tues 7:00 Baton \*\* 6<sup>th</sup> gr & up (exp. & enrollment requirements) Wed 5:15-6:05 Baton Call about off site classes Fridays

**Spirit Sports** such as pom pom, baton, and hip hop are also included in curriculum for SIM & KIDS BOP classes

### **TEEN &/or ADULT CLASSES**

Middle Eastern \*\* Open Beg (off site) Call us! Tues 6:00 Middle Eastern \*\* Int /Adv (off site) Tues 7:00 Tap classes Ask us!

Contemporary, Jazz, Tap & Ballet offered at Int & Adv levels. Talk to Shanon

Some of our **back-to-back** classes are convenient *and* economical.

The second class is **almost half price**.

\*\* SPECIAL DISCOUNT PRICING for classes marked \*\*

When thinking about class placement, if a dancer is at the bottom of an age grouping, parents should clarify with Shanon the best placement for their dancer.

#### Start most classes at any time!

New classes formed throughout the year. Call us. Interested in something you don't see? Call us!

info@stitesdance.com 503 665-5155

# Start *anytime* throughout year - Fall Session Starts Sept 23 Visit us on Facebook at Stites Performing Arts Center

CLOSURE DATES
HALLOWEEN: WE WILL BE CLOSED

THANKSGIVING: Nov. 28, 29, 30

**WINTER BREAK:** Approx Dec 21 - Jan 5

**Re-open** Jan 6 2025

**SNOW & ICE:** Call, or check Facebook if you are not sure. *Generally* coincides with school closures

**SPRING BREAK:** APPROX March 22 – 30 **Re-open** March31st`

**MEMORIAL DAY: Closed** 

#### Cost:

Pricing is varied depending on the class.

There are several payment plan options. Call for payment plan details.

As a general guideline, costs average \$48-\$56 monthly for an hour or a 45 minute class, depending on the payment plan you choose.

Our back-to-back 45-minute classes are designed for cross training and in some instances are economically priced at almost half price.

### Family discounts are also offered.

*Unlimited classes* - Take as many classes as you like! Two levels of involvement and price are available.

#### **Discount Dance Classes:**

Look for our discount classes indicated by \*\*
These classes average \$48 a month when paid by the term.

## **Gymnastics Insurance:**

An annual insurance fee of \$20 is required for the gymnastics program.

Tap Shoes: Save by renting for \$15 per "year"

PLEASE NOTE: Let us know if you are interested in a different time, day, etc. This is a fairly complete schedule, however, due to numerous factors changes sometimes need to be made (day, time, and instructor, start date, etc.).

Classes are ongoing! Start any time during the year.

**BALLET**: All-inclusive for those aspiring to pursue the art of Ballet and for those seeking to improve technique for other endeavors (ice skating, baton twirling, gymnastics, dance team, exercise, etc.). Stites offers strong technical training.

**HIP HOP:** Learn the latest dance moves in a high-energy yet tasteful setting. Improve your self-esteem while improving flexibility, agility and dancing to popular music. Perfect for dance team and cheer preparation, school dances, fitness or FUN!

**TAP:** Develop a sense of rhythm and challenge your coordination while having a blast! Learn Broadway and street style while making your own music.

**JAZZ:** Fun and energetic classes to introduce all styles of jazz, including Theater, Contemporary, Lyrical, Hip Hop, Modern and Classical Jazz. Grease, Hair Spray, Cats, Chicago, and Fame are examples of this popular American dance form.

**GYMNASTICS**: a non-competitive program, yet highly developed curriculum that includes acrobatics, apparatus, expert tumbling and circus skills.

**CREATIVE MOVEMENT:** Basics of tumbling, tap, ballet, hula, baton and more. Exciting and energetic, using imagination and fun props to encourage brain development and coordination. Learn how to listen to different rhythms and sounds, spin like a top and leap like a frog!

**STUDIES IN MOVEMENT:** Learn solid, basic technique of gymnastics, tap, ballet, baton, hula and more. Emphasis on self-expression while strengthening the body and mental focus through dance, rhythm exercises and technique.

**PRE-BALLET:** Do you dream of Cinderella or Sleeping Beauty? Exercise the body and imagination through this graceful dance form. Have fun while learning the classics.

 $\textbf{KIDS BOP:} \ \ \textbf{Includes Studies In Movement curriculum} \ \ \textit{and} \ \ \textbf{age-appropriate Hip Hop}.$ 

PLUS CLASSES OFFERED IN CONTEMPORARY,
MIDDLE EASTERN, MODERN, BATON
PLEASE PRE-REGISTER
By calling: 503-665-5155

www.stitesdance.com

All dress code attire and shoes are available at Stites for reasonable prices. Be sure to ask about our popular (and economical) tap shoe rental program!

www.stitesdance.com 503-665-5155