

CREATIVE MOVEMENT

3 ¼ - 5 year olds CM I/II** Tues 5:20-5:50 Kirsten
 K - 2nd (k/w perm) CM II Tues 6:00-6:45 Kirsten
 2nd- 4th gr (2nd w/perm) CM III /SIM Tues 6:45-7:30 Kirsten
 1st -3rd gr (exper.+ dir perm) SIM Mon 5:00-5:45 Amy
 3 ½ - 5 year olds**CM I/II (late start?) Sat 12:00-12:30 Amy

PARENT-CHILD 2 ½ - 4 Morning (call if interested)

STUDIES IN MOVEMENT & KIDS BOP

CM III /SIM 2nd - 4th gr (2ndw/perm) Tues 6:45-7:30 Kirsten
 SIM* 3rd - 5th (w/Ballet exp +dir perm) Wed 4:30-5:15 Amy
 Kids Bop II/III 5th-8th gr Mon 5:45-6:30 Amy
 Kids Bop III 6th- 8th (dir. perm.) Thur 4:45-5:30* Amy
 Kids Bop III 8th - 10th (dir. perm.) Thur 4:45-5:30* Donnie
 (*4:45 Thurs & 4:30 Wed Classes followed with required ballet. Ask for other options if needed)

BALLET

Ballet students are highly encouraged to take classes below their level in addition to their regular classes. Although optional, Ballet II level and higher students should take two or more classes each week at or below their level to progress to the next level.

Pre-Ballet I B /IIA 3rd -5th gr (late start?) Sat 12:30 - 1:15 Amy
 Pre-Ballet II A&B 3rd (w/perm. - 5th Wed 5:15 - 6:00 Amy

Ballet I A & B /II A 6th (dir/perm) - 10th Thur 5:30-6:15 Amy
 Ballet I A & B /II A Teens & adults Tues 7:35-8:30 Kirsten

Ballet I B /II A 5th -9th (dir/perm) Mon 6:30-7:15 Amy

Ballet II B /III A&B 7th- 10th Wed 6:00-6:45 Amy

Followed by Pre pointe 6:45-7:15 for some

Ballet II B /III A&B 7th -10th Thur 7:35- 8:25 Amy
 Pre-Pointe 7th gr. & up Thur 8:25- 8:55 Amy

Ballet IV/Adv Teen/Adult Tues 4:30-5:30 John
Pointe and choreography 5:30 – 6:10

To attend John's class, must have dir. perm. & attend 1 other ballet class.

Ballet IV/Adv Teen/Adult Thu 7:35 Amy
 Pointe 7th gr. & up Thu 8:25 Amy

Ballet IV /Int/ Adv Teen/Adult Sat 10:55-11:55 Kirsten
Must Arrive at 10:45

Pointe/Technique/Variations Sat 12:00-12:25

HS/Adult Ballet w/several yrs. of exp. Sat 10:55-11:55 Kirsten
 HS/Adult Open level Ballet Tues 7:30- 8:25 Kirsten

TAP & JAZZ & HIP HOP COMBINATION CLASSES

Jazz/HipHop Combo 8th - 12th Thu 5:30 - 6:15 Donnie
 Jazz 8th – 10th (dir. perm.) Thu 6:50 - 7:35 Donnie
 (This Jazz class requires 6:15 to 8:25 p.m. participation in jazz, tap, ballet, rehearsals.)

JAZZ/MODERN/CONTEMPORARY

Adv Jazz H.S/ Adult. (dir perm) **Thur 6:15 to 9:00**
 Class will be divided into Rehearsals, Jazz, Tap, Modern, Techniques, Ballet, Improv, and other Disciplines .
Arrive 6:10.

Please call for pre-requisites in jazz classes.

TAP (TAP STAFF = Amy, Donnie, Kirsten & Shanon)

Tap is included in Creative Movement, Studies in Movement and Kids Bop

GYMNASTICS

Acrobatics, Gymnastics, Tumbling, Partnering & Circus Skills

Gym skills included in Creative Movement, Studies In Movement & Kids Bop

3rd gr -5th Wed 5:15- 6:00
 3rd -5th gym class for the wed 5:15 ballet class Wed 6:00-6:30
 5th & up Wed 6:30-7:15
 6th grade and up w/experience Mon 7:15- 8:00
 8th grade and up Int/Adv (w/ dir. perm.) Wed 7:15- 8:00
 Gym program co-taught by Amy & Christine

SPECIALTY CLASSES

Middle Eastern ** (At the Studio!) Mon 8:00- 8:45 Nemra
 Baton** Thur 6:15 -6:50 Donnie

Spirit Sports such as pom pom, baton, hip hop are also included in SIM & KIDS BOP

TEEN &/or ADULT CLASSES

Middle Eastern** (Open Level) Mon 8:00-8:45 Nemra
 HS/Adult Ballet (w/several yrs. exp) Sat 10:55-11:55 Kirsten
 Ballet Open Level Teen/H.S. Ballet Tues 7:30 -8:25 Kirsten
 Jazz, Tap & Ballet offered at Int & Adv levels. Talk to Shanon

HIP HOP (ALSO SEE TAP/JAZZ/HIP HOP COMBO SECTION)

Hip (with jazz infusion) 8th – 12th Thur 5:30- 6:15 Donnie

**** SPECIAL DISCOUNT PRICING for classes marked ****

When thinking about class placement, if a dancer is at the bottom of an age grouping, parents should clarify with Shanon the best placement for their dancer.

Hip Hop classes have jazz & modern infused in them.

Start most classes at any time!

New classes formed throughout the year. Call us.

Interested in something you don't see? Call us!

www.stitesdance.com 503-665-5155

Some of our **back-to-back** classes are convenient *and* economical.

For example, Kids Bop on Thurs. at 4:45 is back to back with Ballet at 5:30.

The second class is **almost half price.**

Start anytime throughout year - Fall Session Starts Sept 18

CLOSURE DATES

HALLOWEEN: WE WILL BE CLOSED

THANKSGIVING: Nov. 23, 24, 25, 26

WINTER BREAK: December 18th - January 1st

Re-open Tues, January 2nd, 2018

SNOW & ICE: Call, Facebook or Web if you are not sure –
generally coincides with school closures

SPRING BREAK: March 25th -April 1st

Re-open Mon., April 2nd

MEMORIAL DAY: Closed

Cost:

Pricing is varied depending on the class.

There are several payment plan options. Call for payment plan details.

As a general guideline, costs average \$44-\$54 monthly for an hour or 45 minute class, depending on the payment plan you choose. Our back-to-back 45-minute classes are designed for cross training and in some instances are economically priced at **almost half price**.

Family discounts are also offered.

Unlimited classes - Take as many classes as you like!
Two levels of involvement and price are available.

Discount Dance Classes:

Look for our discount classes indicated by **
These classes average \$44 a month when paid by the term.

Gymnastics Insurance:

An annual insurance fee of \$20 is required by the gymnastics program.

Tap Shoes: Save by renting for \$15 per “year”

PLEASE NOTE: Let us know if you are interested in a different time, day, etc. **This is a fairly complete schedule, however, due to numerous factors changes sometimes need to be made (day, time, instructor, start date, etc.).**

Classes are ongoing! Start any time during the year.

BALLET: All-inclusive for those inspiring to pursue the art of Ballet and those seeking to improve technique for other endeavors (ice skating, baton twirling, gymnastics, dance team, exercise, etc.). Stites offers strong technical training.

HIP HOP: Learn the latest dance moves in a high-energy yet tasteful setting. Improve your self-esteem while improving flexibility and muscle tone and dancing to popular music. Perfect for dance team and cheer preparation, school dances, fitness or FUN!

TAP: Develop a sense of rhythm and challenge your coordination while having a blast! Learn Broadway and street style while making your own music.

JAZZ: Fun and energetic classes to introduce all styles of jazz, including Theater, Contemporary, Lyrical, Hip Hop, Modern and Classical Jazz. Grease, Hair Spray, Cats, Chicago, and Fame are examples of this popular American dance form.

GYMNASTICS: a non-competitive program, yet highly developed curriculum that includes acrobatics, apparatus, tumbling and circus skills.

CREATIVE MOVEMENT: Exciting and energetic, using imagination and fun props to encourage coordination and flexibility. Learn how to listen to different rhythms and sounds, spin like a top and leap like a frog! Basics of tumbling, tap, ballet, hula and more.

STUDIES IN MOVEMENT: Emphasis on self-expression while strengthening the body and mental focus through dance games and rhythm exercises. Learn solid, basic technique of gymnastics, tap, ballet, baton, hula and more.

PRE-BALLET: Do you dream of Cinderella or Sleeping Beauty? Exercise the body and imagination through this graceful dance. Have fun while learning the classics.

KIDS BOP: Studies In Movement curriculum *and* age- appropriate Hip Hop.

PLUS CLASSES OFFERED IN CONTEMPORARY, MIDDLE EASTERN, MODERN, SINGING, BATON and BOYS' CLASS

PLEASE PRE-REGISTER

by calling: 503-665-5155



All dress code attire and shoes are available at Stites for reasonable prices.

Be sure to ask about our popular (and economical) tap shoe rental program!

www.stitesdance.com

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8/24/2017