

## CREATIVE MOVEMENT

3 ¼ - 5 year olds	CM I/II	Tues	5:30-6:00	Kirsten
3¼ - 4 ¾ year olds	CM I/II **	Thurs	10:40-11:20	Carrie
K - 2 <sup>nd</sup> (k w/perm)	CM II	Thurs	11:30-12:15	Carrie
K - 2 <sup>nd</sup> (k/w perm)	CM II	Tues	6:00- 6:45	Kirsten
2 <sup>nd</sup> - 4 <sup>th</sup> gr (2 <sup>nd</sup> w/perm)	CM III /SIM	Tues	6:45- 6:30	Kirsten

**PARENT-CHILD** 2 ½ - 3 ¾ Thur 10:00 -10:30 Carrie  
(call if interested in younger class offerings)

## STUDIES IN MOVEMENT & KIDS BOP

CM III /SIM	2 <sup>nd</sup> - 4 <sup>th</sup> gr. (2 <sup>nd</sup> w/perm)	Tues	6:45-7:30	Kirsten
Kids Bop I/II	5 <sup>th</sup> -8 <sup>th</sup> gr	Mon	5:45-6:30	Amy
Kids Bop III	5 <sup>th</sup> - 8 <sup>th</sup> (dir. perm.)	Thur	4:30-5:15*	Amy
Kids Bop III	7 <sup>th</sup> - 9 <sup>th</sup> (dir. perm.)	Thur	4:30-5:15*	Donnie

(\*4:30 Thurs Classes followed with required 5:15-6:00 ballet. Ask for other options if needed)

## BALLET

*Ballet students are highly encouraged to take classes below their level in addition to their regular classes. Although optional, Ballet II level and higher students should take two or more classes each week at or below their level to progress to the next level.*

Pre-Ballet I B/IIA	3 <sup>rd</sup> - 5 <sup>th</sup> gr.	Sat	12:30 - 1:15	Kirsten
Pre-Ballet II A&B	2 <sup>nd</sup> (w/perm.) - 5 <sup>th</sup>	Wed	5:15 - 6:00	Amy

Ballet I A & B	5 <sup>th</sup> -8 <sup>th</sup>	Mon	5:00-5:45	Amy
Ballet I A & B/II A	5 <sup>th</sup> (dir/perm) - 9 <sup>th</sup>	Thur	5:15-6:00	Amy
Ballet I A & B/II A	7 <sup>th</sup> -12 <sup>th</sup>	Tues	7:45-8:35	Kirsten

Ballet I B & /II A 5<sup>th</sup>-9<sup>th</sup> (dir/perm) Mon 5:30-6:15 Amy

Ballet II B/III 7<sup>th</sup>- 10<sup>th</sup> Wed 6:00-6:45 Amy  
(Followed by Pre pointe 6:45-7:15 for some)

Ballet II B/III 7<sup>th</sup>-10<sup>th</sup> Thu 6:00-6:45 Amy

Ballet IV/Adv Teen/Adult Tues 4:30-5:30 John  
Pre pointe /pointe and choreography 5:30 – 6:10  
To attend John's class, must have dir. perm. and attend 1 other ballet class.

Ballet IV/Adv	Teen/Adult	Thu	7:15-8:30	Amy
Pre-Pointe/Pointe	7 <sup>th</sup> gr. & up	Thu	Talk to Shanon	
Ballet IV /Int/ Adv	Teen/Adult	Sat	10:55-11:55	Kirsten

Pointe/Technique/Variations Sat 12:00-12:30

HS/Adult Ballet w/several yrs. of exp.	Sat	11:00-12:00	Kirsten
HS/Adult Open level Ballet	Tues	7:35-8:30	Kirsten

## TAP & JAZZ & HIP HOP COMBINATION CLASSES

Jazz/HipHop Combo	8 <sup>th</sup> - 12 <sup>th</sup>	Thu	6:45 – 7:30	Donnie
Jazz/Tap Combo	7 <sup>th</sup> -10 <sup>th</sup> (dir. perm.)	Thu	5-6 & 6:45-7:15	Tap

## JAZZ/MODERN/CONTEMPORARY

**Adv Jazz H.S.& adult.** (dir perm) **Thur 6:45 to 9:00** will be divided into Tap, Ballet, Pointe & Jazz for first term. Arrive 6:35.  
*Please call for placement and pre-requisites in jazz classes.*

**TAP** (TAP STAFF = Amy, Donnie, Carrie, Kirsten & Shanon)  
*Tap is included in Creative Movement, Studies in Movement and Kids Bop*

## GYMNASTICS

*Gymnastics & Tumbling, Partnering & Circus Skills*  
*Gym skills included in Creative Movement, Studies In Movement & Kids Bop*

5 <sup>th</sup> - 9 <sup>th</sup> grade	(dir perm & cross trainer)	Mon	5:45-6:30
3 <sup>rd</sup> grade & up		Mon	6:30-7:15
4 <sup>th</sup> grade and up		Mon	7:15-8:00
8 <sup>th</sup> grade and up	(w/ dir. perm.)	Wed	7:15-8:00

## SPECIALTY CLASSES

Middle Eastern**	Off site location	TBA	Rachelle
Baton**		Thu	6:00–6:40

**Spirit Sports** such as pom pom, baton, hip hop are included in SIM & KIDS BOP

## TEEN &/or ADULT CLASSES

Middle Eastern** (Open Level)	Time TBA	Rachelle
HS/Adult Ballet (w/several yrs. exp)	Sat 11:00-12:00	Kirsten
Ballet Open Level Teen/H.S. Ballet	Tues 7:35 -8:30	Kirsten

Jazz, Tap, Ballet offered at Int & Adv levels. Talk to Shanon

## HIP HOP (ALSO SEE TAP/JAZZ/HIP HOP COMBO SECTION)

Hip Hop (jazz infusion) 8<sup>th</sup> – 12<sup>th</sup> Thur 6:45-7:30 Donnie

**\*\* SPECIAL DISCOUNT PRICING for classes marked \*\***

When thinking about class placement, *if a dancer is at the bottom of an age grouping, parents should clarify with Shanon the best placement for their dancer.*

Hip Hop classes have jazz & modern infused in them.

**Start most classes at any time!**

New classes formed throughout the year. Call us.

Some of our **back-to-back** classes are convenient **and** economical.  
For example, Kids Bop on Thurs. at 4:30 is back to back with Ballet at 5:15.  
The second class is **almost half price.**

Start *anytime* throughout year - Fall Session Starts Sept 19

## CLOSURE DATES

**HALLOWEEN: WE WILL BE CLOSED**

**THANKSGIVING:** Nov. 24, 25, 26, 27

**WINTER BREAK:** December 19<sup>th</sup> - January 2<sup>nd</sup>

**Re-open** Tues, January 3<sup>rd</sup>, 2017

**SNOW & ICE:** Call, Facebook or Web if you are not sure -  
*generally* coincides with school closures

**SPRING BREAK:** March 26<sup>th</sup> -April 2<sup>nd</sup>

**Re-open** Mon., April 3<sup>rd</sup>

**MEMORIAL DAY:** Closed

### Cost:

*Pricing is varied depending on the class.*

***There are several payment plan options. Call for payment plan details.***

As a general guideline, costs average \$44-\$54 monthly for an hour or 45 minute class, depending on the payment plan you choose.

Our back-to-back 45-minute classes are designed for cross training and in some instances are economically priced at almost half price.

**Family discounts are also offered.**

***Unlimited classes*** - Take as many classes as you like!

Two levels of involvement and price are available.

### Discount Dance Classes:

Look for our discount classes indicated by \*\*

These classes average \$44 a month when paid by the term.

### Gymnastics Insurance:

An annual insurance fee of \$20 is required by the gymnastics program.

**Tap Shoes: Save by renting for \$15 per "year"**

PLEASE NOTE: Let us know if you are interested in a different time, day, etc. **This is a fairly complete schedule, however, due to numerous factors changes sometimes need to be made (day, time, instructor, start date, etc.).**

***Classes are ongoing! Start any time during the year.***

**BALLET:** All-inclusive for those inspiring to pursue the art of ballet and those seeking to improve technique for other endeavors (ice skating, baton twirling, gymnastics, dance team, exercise, etc.). Stites offers strong technical training.

**HIP HOP:** Learn the latest dance moves in a high-energy yet tasteful setting. Improve your self-esteem while improving flexibility and muscle tone and dancing to popular music. Perfect for dance team preparation and school dances

**TAP:** Develop a sense of rhythm and challenge your coordination while having a blast! Learn Broadway and street style while making your own music.

**JAZZ:** Fun and energetic classes to introduce all styles of jazz, including Theater, Contemporary, lyrical, hip hop, Modern and concert jazz. Grease, Charleston, Cats, Chicago, and Fame are examples of this popular American dance form

**GYMNASTICS:** a non-competitive program, yet highly developed curriculum that includes apparatus and tumbling and circus work.

**CREATIVE MOVEMENT:** Exciting and energetic, using imagination and fun props to encourage coordination and flexibility. Learn how to listen to different rhythms and sounds, spin like a top and leap like a frog! Basics of tumbling, tap, ballet, hula and more.

**STUDIES IN MOVEMENT:** Groove to the music! Emphasis on self-expression while strengthening the body and mental focus through dance games and rhythm exercises. Learn basic technique of gymnastics, tap, ballet, baton, hula and more.

**PRE-BALLET:** Do you dream of Cinderella or Sleeping Beauty? Exercise the body and imagination through this graceful dance. Have fun while learning the classics.

**KIDS BOP:** Studies In Movement curriculum *and* age- appropriate Hip Hop.

**PLUS + CLASSES OFFERED IN ZUMBA, CONTEMPORARY, MIDDLE EASTERN, MODERN, SINGING, BATON and BOYS' CLASS**

**PLEASE PRE-REGISTER**

**by calling: 503-665-5155**



**All dress code attire and shoes are available at Stites for reasonable prices.**

**Be sure to ask about our popular (and economical) tap shoe rental program!**

**[www.stitesdance.com](http://www.stitesdance.com)**

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8/26/2016